



# Activity Resources for Children with Special Needs In and around San Joaquin County

Family Resource Network and the SJCOE Community Advisory Committee has compiled this list for families of children with special needs so that they may be aware of the broad range of recreational opportunities for their children. FRN or SJCOE CAC does not endorse nor sponsor any of the listed events, and all contact information was accurate at the time the list was compiled. As we know there may be additional activities not listed, we would appreciate if you have information regarding additional recreational opportunities to please contact us. Please contact FRN at 472-3674 or 800-847-3030. You may also e-mail FRN at FRNfamilies @aol.com. Many of the programs have fees associated with them. If you need further information about one of the listed activities, please contact the program directly.

#### **Art Lessons**

Virginia Segur Art Studio- 836-4183

## Baseball (seasonal)

Manteca:

Northgate Little League www.northgatelittleleague.org

Stockton:

District 8-Western Little League Harold Ewers 466-5147 or Lisa Culley 649-2056

Tracy:

Challenger Baseball challenger@tracylittleleague.org

### **Basketball (seasonal)**

Stockton:

Special Olympics (Jan-March) www.sonc.org

Tracy:

Special Olympics Basketball Lisa Sughaya 832-2582 – Sign ups beginning of March

Manteca:

Challenger Basketball League is offered through Parks and Recreation activities, Visit www.ci.manteca.ca.us/parks under "youth sports"
Or contact 456-8600 and inquire about special programs

## **Bowling**

Modesto: Yosemite Lanes 2301 Yosemite Boulevard Modesto, CA 95354 (209) 577-5344 c/o society for Handicapped 524-3536

Stockton:

Pacific Avenue Bowl 5939 Pacific Ave Stockton, CA 95207 477-0267

West Lane Bowl 3900 West Ln Stockton, CA 95204 \*Ready, Set, Bowl League-466-3317

\*Recreational Bowling (Nov-Feb) Lisa 649-2056

Tracy: West Valley Bowl 2365 East St. Tracy, CA 95376 Special Needs Group- Open Bowl

## **Boys and Girls Club**

Tracy:

After school program for kids with special needs kids 8-18. \$35.00 a year at Boys and Girls Club. It is their kids with special needs unit. There is a Waiting List and it is more for socialization.

### **Scouts**

Boy Scouts www.yosemitescouting.org

Girl Scouts www.girlscoutshcc.org

#### **Cheer**

Power Cheer-Pride of Power 4200 Bangs Avenue, #B Modesto, CA 95356 543-7693

Pride of Power is a special needs team open to boys and girls of all ages with any disability. Participants must commit to one 1.5 hour practice per week. Six competitions are scheduled throughout the competition year.

#### **Dance**

Academy For Performing Arts Deborah Skinner

124 West 10<sup>th</sup> Street Tracy, CA 830-9296

- Musical Camp in the Summer for kids with special needs
- Nutcracker Special needs kids are included
- Inclusion and specialized classes

Luv 2 Dance 3604 Oakdale Road, Suite C Modesto, CA 95357 551-3000 Ages: 3 and up

#### 4H Clubs

http://ucanr.edu/sites/SJC\_4H/953-6106

#### **Gymnastics**

Stockton:

Champion Gymnastics Academy 7404 Murray Drive. Stockton, CA 209-477-8978

Gymstars Star Bound-special needs program 1740 W. Hammer Ln. Stockton, CA 95209 957-1919

Tracy: Winstar Moria Leoz 124 West 10<sup>th</sup> Street Tracy, CA 830-9296

City of Tracy Parks and Community Services Gymnastics/tumbling classes 831-6200.

# **Horseback Riding**

Lodi:

D.O.V.E.S Guidance Program 329.7034 http://thedovesprogram.com/

Tracy: Four Seasons Therapeutic Riding Academy FSTRA.com 814-3495

#### **Karate**

Castro Sports Karate 450 West Larch Road Tracy, CA 839-8403

## **Kickball (seasonal)**

Manteca:

Challenger kickball
Offered through Parks and Recreation activities
Visit www.ci.manteca.ca.us/parks under "youth sports"
Or contact 456-8600 and inquire about special programs

#### **Parks and Recreation Activities**

Manteca:

http://www.ci.manteca.ca.us/parks/documents/Activity-Guide\_2016-Spring-Summer.pdf

Modesto:

https://www.modestogov.com/prnd/activityguide/

Stockton:

http://www.stocktongov.com/government/departments/communityServices/default.html

Tracy:

https://issuu.com/recreation8/docs/ws16\_activityguide\_final

### **Sensory Friendly Movies**

Manteca:

AMC Showplace 16 Theatres-848 Lifestyle Way, Manteca, CA

The Autism Society and AMC theatres teamed up for this. To find out the next film and show time, go to Autism Society website "sensory friendly movie"

Lodi-Lodi Stadium 12-109 N School St, Lodi, CA

http://www.sregmovies.com/images/2016/2016-Sensory-Sensitive\_Lodi.jpg

# **Skiing**

Achieve Tahoe

www.achievetahoe.org

530-581-4161

Programs year round for people 4 + such as snow and water skiing. All special needs welcome, but may require specific abilities to participate.

Dodge Ridge

Snow skiing

965-3474

www.dodgeridge.com/site/adative.php

### Soccer (seasonal)

Stockton (registration May-July, season late August-early November) Stockton Youth Soccer Association TOPSoccer

www.stocktonyouthsoccer.org

Tracy:

Tracy Youth Soccer League-TOPSoccer

Carolyn and Stuart Rafferty 830-7247

# **Swim Lessons**

YMCA

The Y modifies their program to meet the individual needs of the students. Winter sessions are at a local indoor pool. Offered year round.

612-4702

Stockton:

Pacific Swim School

University of the Pacific, summer swim lessons

http://tigerswimschool.com