

## **SUMMER SAFETY- DROWNING IS SILENT**

As you enjoy your summer, please be mindful and vigilant about water safety for your children. Each summer, children tragically die from drowning. Drowning is the leading cause of death for toddlers 1-4 years old.

There are no warning or splashing sounds associated with a drowning accident. Signs of distress can include: head tilted back, hair over forehead, can't call for help, can't wave for help, body is vertical and "climbing ladder" motion. If you see any of these, please remove your child from the water immediately.

For more information, visit  
[www.dds.ca.gov/drowning](http://www.dds.ca.gov/drowning) or  
[www.drowningpreventionfoundation.org](http://www.drowningpreventionfoundation.org)

SILENT tips to keep your child safe:

**S-SWIM SKILLS**-Teach your children to swim at an early age, as backyard swimming pools account for over half of drowning deaths for children 0-5 years old each year.

**I-Install Alarms**-Install Alarms on house doors and around pool area.

**L-Layers of Protection**-Layers of protection include adult supervision, fences, gates, latches, safety pool covers, education, throwing aids and rescue techniques.

**E-Eye**-Adults should keep a constant eye on children in or near any water including bathtubs, buckets, toilets, ponds, spas and pools.

**N-Never Leave a Child Alone**-Never leave a child alone near water. Check the pool first if a child is missing.

**T-Touch**-Designate an adult to be close enough to reach out and touch the child.

Family Resource Network Newsletter  
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EDITOR: Lisa Culley

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Family Resource Network Phone: 209-472-3674

5250 Claremont Ave., Suite 148 Fax: 209-472-3673

Stockton, CA 95207

Email: [FRNfamilies@frcn.org](mailto:FRNfamilies@frcn.org) website: [www.frcn.org](http://www.frcn.org)



The Brighterside of Down Syndrome is presenting their 4<sup>th</sup> annual conference "Strategies for Educating Children with Down Syndrome" on Friday, November 2, 2018. The conference will take place at the Robert Cabral Agricultural Center in Stockton, from 9am-3pm. The conference topics are "The What, Why, & How of Inclusive Education" and "Differentiated Instruction".

Registration is now open and can be found on FRN's website, click on the calendar page, and look under events.



If a child can't learn the way we teach, maybe we should teach the way that they learn. ~Ignacio Estrada

**Position available at  
 Family Resource Network**  
 We value your experience as a parent  
 of a child with special needs.  
 Come put it to work as our...

## Office Administrator

Responsibilities include general clerical office duties to provide support to families raising children with special medical, educational, developmental, physical and emotional needs and the professionals who serve them. Requires understanding and ability to provide empathy and support to families raising children with special needs, familiarity and ability to work using computers and ability to follow office procedures. The ideal candidate will have experience working independently and as part of a team.

Hours: Part time, approximately 30 hours per week

Please mail resume and cover letter to  
 Family Resource Network,  
 5250 Claremont Ave., Suite 148,  
 Stockton, CA 95207,  
 or email to [FRNfamilies@frcn.org](mailto:FRNfamilies@frcn.org)

For more information call  
 209-472-3674 or 800-847-3030.

**WE MAKE  
 A LIVING  
 BY WHAT WE GET,  
 BUT WE MAKE  
 A LIFE BY  
 WHAT WE GIVE.**

winston churchill

## Tikes and Tunes

FRN offers its **Tikes and Tunes** music play group twice a month. Tikes and Tunes is for children ages birth to 36 months who are served through the Early Start program. Parents learn how they can use music to enhance their child's development from a Music Therapist. We'd love to have you join us, but space is limited so **be sure to register!** Registration forms are on FRN's website or you can email or call FRN to register. Tikes and Tunes meets at FRN's office, Sherwood Executive Center, 5250 Claremont Ave., Suite 148, Stockton.



**When:** The first and third Tuesdays of the month from 9:30 to 10:30 a.m.

**July 3rd & 17th      August 7th & 21st**

### Toy Lending Libraries

FRN has **Toy Lending Libraries** for children in the Early Start program at FRN in **Stockton**, in Tuolumne County Office of Education in **Sonora**, and in **Jackson** at Argonaut High School. Each library has different hours of operation. For info on the library near you contact:

**Stockton: 209-472-3674**

**Sonora: 209-536-2040**

**Jackson: 209-403-5955**



### SAVE THE DATE

23<sup>rd</sup> Annual Early Start Symposium, on Friday, October 19, 2018  
San Joaquin County Office of Education  
Theme: Hands on Behavior Parent Training Workshop  
Registration will be released in August- Parents of children who receive Early Start Services are eligible for scholarships. More details to come in the Fall newsletter.

Check FRN's website, [www.frcn.org](http://www.frcn.org) and click on "calendar" for updated information on trainings and events. Registration forms for FRN events are on the website.



## Building Bridges-Transitioning Your Child from the Early Start Program

This workshop is for parents whose children are exiting the Early Start Program, and will focus on transition timelines, and give an overview of the relevant Special Education Laws and the rights of parents and their children with disabilities or learning differences, and the Individualized Education Program (IEP) meeting process.

**When: Wednesday, July 11, 2018**

**Presenter: FRN**

**Where: Sherwood Executive Center  
5250 Claremont Ave., Stockton, CA**

**Time: 9:15 to 11:30am**

REGISTRATION REQUIRED



## Pete the Cat

### Storytime & Character Visit

**When: Friday, July 20th, 11:00am-Noon**

**Where: FRN Office, 5250 Claremont Ave., Suite 148, Stockton**



This event is open to families with children ages birth-5 years old, who are receiving services through the Early Start Program (IFSP), special education (IEP) or Valley Mountain Regional Center (IPP), and live in San Joaquin, Stanislaus, Amador, Calaveras or Tuolumne Counties.

**Registration is required!**



### **San Joaquin County Expected to Get \$3.5 Million Grant Funding to Improve Oral Health Access and Services for Thousands of Low Income Children and Youth**

Nearly 32,000 local children will receive oral health services including fluoride varnish, screening for cavities, referrals to dentists and other critical oral health services as part of a \$3.5 million grant awarded to the San Joaquin community by the Department of Health Care Services.

San Joaquin Treatment & Education for Everyone on Teeth & Health (SJ TEETH), a coalition of three dozen local health, education and nonprofit organizations, collaborated to develop the successful grant proposal to participate in the statewide Local Dental Pilot Program (LDPP) aimed at improving access to dental care for income-eligible children.

Tooth decay is among the most common chronic health conditions among young children, and poor oral health is one of the leading causes of school absence. For preschoolers, especially, untreated decay can make it difficult to play, speak, eat and learn.

In San Joaquin County, 28 percent of children ages 2-11 have never seen a dentist; this is the highest rate amongst the counties in the State.

Using grant funds, members of the SJ TEETH coalition will:

- Deliver preventative services, such as fluoride varnish, during visits to preschool classrooms and community sites.
- Screen children for cavities, or cavity risk.

- Refer families to dentists for continuing care.
- Promote the importance of oral health, including proper brushing and flossing techniques, healthy diet and regular checkups.
- Help coordinate oral health care for children.
- Facilitate collaboration among medical and dental providers.
- Introduce a Virtual Dental Home system to provide care to underserved children and youth.

New programs and services were implemented beginning June, 2017.

**Family Resource Network is excited to be a member of the SJ TEETH coalition. FRN is working with families who have children with special needs within the project. If you need assistance finding a dentist in your area, and your child receives Medi-Cal services, is between the ages of 1-20, and you reside in San Joaquin County, FRN can assist you through this process. Please contact one of our Care Coordinators to participate in the SJ TEETH program at 209-472-3674.**



First dental visits are mostly educational. The AAPD recommends that every child visit the dentist by the child's first birthday. The American Dental Association and the American Academy of Pediatrics recommend a child visit the dentist by age one as well. This "well baby check" for the teeth can establish a dental home and helps ensure that parents learn the tools they'll need to help their children remain cavity-free.



## *Thank you, Colleen!*

If you have called the FRN Office or received a phone call from FRN over the years, it is likely that you have spoken to Colleen Okura, FRN's Office Manager. Colleen is retiring from FRN at the end of June, after sharing her wisdom with our families for almost 20 years. Colleen has provided support to countless families, has been a joy to work with, and will be greatly missed! We know this is not good bye...but thank you for a job well done!!



**FRN has received donations from:**  
PEDS  
And Anonymous Donors...



**Donations to the Healing Hearts Society have been received by:**

- ♥ Lisa Culley
- ♥ Friends of Walton Booster Club
- ♥ Heather West



## **Healing Hearts Society**

***Helping Families At Their Most Difficult Time***

***A wife who loses a husband is called a widow. A husband who loses a wife is called a widower. A child who loses his parents is called an orphan. But...there is no word for a parent who loses a child, that's how awful the loss is.***

*Winston Churchill*

Thanks to generous donors, Family Resource Network's Healing Heart Society is providing a much-needed service to families in Amador, Calaveras, San Joaquin, Stanislaus and Tuolumne Counties— that of providing financial assistance to families upon the death of their child with special needs. Since its inception in June of 2007, **over 112 local families** have received financial assistance from the Healing Hearts Society.

Agencies throughout the region have let FRN know that the Healing Hearts Society is the **only** local source for this type of established assistance to families. We know that many families face serious financial difficulties due to the child's illness or disability. Families who have received Healing Heart Society funds have let us know that these funds are greatly appreciated.

The Healing Hearts Society is funded exclusively through private donations. Family Resource Network is a 501(c)3 nonprofit and donations are tax deductible. All donations to Family Resource Network's Healing Hearts Society are of tremendous assistance to families as they begin the healing process.

Donations may be made to Family Resource Network, 5250 Claremont Ave., Suite 148, Stockton, CA 95207. Please note on the check that the donation is for the Healing Hearts Society.

***Thank you!***

***Your kind support will help a family at a difficult time.***



The Department of Developmental Services has announced that the application for federal funding, or Waiver, for the Self-Determination Program was approved by the Centers for Medicare and Medicaid Services (CMS). This news represents an essential step toward providing people who receive regional center services and their families an alternative way to coordinate their services, with more freedom and control over how the services are provided and the individuals who support them.

In October 2013, Governor Edmund G. Brown signed Senate Bill 468, authored by Senators Bill Emmerson and Jim Beall and co-authored by Assembly Members Holly Mitchell and Wesley Chesbro, into law. This law, championed by remarkable and determined self-advocates, family members and advocacy organizations, established a statewide Self-Determination Program that adheres to the following principles to ensure those who participate have:

- **Freedom** - to exercise the same rights as all citizens; to establish, with freely chosen supporters, family and friends, where they want to live, with whom they want to live, how their time will be occupied, and who supports them;
- **Authority** - to control a budget in order to purchase services and supports of their choosing;
- **Support** - including the ability to arrange resources and personnel, which will allow flexibility to live in the community of their choice;
- **Responsibility** - which includes the ability to take responsibility for making decisions in their own lives and accept a valued role in their community, and
- **Confirmation** - in making decisions in their own lives by designing and operating the system that they rely on.

While approval of the Waiver represents the key step towards implementation of the Self-Determination Program, the Department and the self-determination advisory workgroup must continue to focus on finalizing program components for implementation. Providing information and support, in particular training and orientation materials, needed to assist those who are selected and choose to participate is central to implementation and is in the final stages of completion. We remain committed to implementing this important program and look forward to the continued collaboration, not only with the Department's advisory workgroup, but also the local volunteer advisory committees and the Statewide Self-Determination Advisory Committee. The Department will publish a timeline with key dates for implementation by June 18, 2018.

Updates will be posted on the Department's dedicated website page for Self-Determination at: <https://www.dds.ca.gov/SDP/>. If you would like to be notified of future updates about Self-Determination, please send an email to [sdp@dds.ca.gov](mailto:sdp@dds.ca.gov). Information for those who are interested on how they can be considered for participation in the Self-Determination Program can be found at <https://www.dds.ca.gov/SDP/sdpEnrollment.cfm>



FRN and the State Council on Developmental Disabilities-North Valley Hills Office (SCDD-NVHO) will be offering information sessions on the Self-Determination program. If you are interested in learning more about the program, please join us on:

Wednesday, August 29, 2018,  
from 6-8:30pm at the SCDD NVH Office  
2529 West March Lane, Suite 105,  
Stockton, CA 95207

Registration is required-please contact FRN at 209-472-3674 or SCDD at 209-473-6930 to reserve your spot.



**Sibshop** is the recreational support group for **non-disabled siblings of children with special needs**, ages 7 through 14.

Meet other siblings who share the same kinds of issues. There are games, crafts, discussion activities, food and lots of fun! There is no cost to attend.

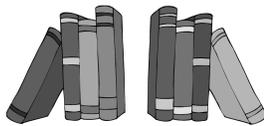
**Saturday, August 11, 2018  
11 a.m. to 2 p.m.**

**Stockton Covenant Church  
1720 Oxford Way, Stockton, 95204**

**Wear your luau gear!**



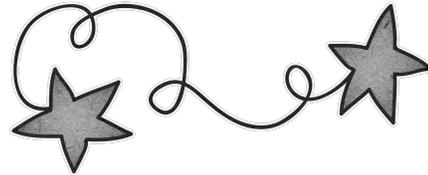
**Registration is required and must be submitted at least one week prior to event. Call 472-3674 or 800-847-3030 to request a registration packet.**



FRN has about 2000 library resources for parents and professionals to borrow. There are books, DVDs and CDs.

Visit [www.frcn.org](http://www.frcn.org) and click on Library to see a complete listing of FRN's library resources and to find out how to borrow resources from the library. If you don't have access to the internet you can contact FRN at 209-472-3674 or 800-847-3030.

You don't need to come into FRN's office to use the library. We are happy to mail items to you. We just ask that you be responsible for returning the items to FRN. You can mail them to FRN, swing by the office or drop them off with the building receptionist. You may check out up to two resources for a period of three weeks.



## Support Groups

Do you know of a support group that meets within San Joaquin, Stanislaus, Amador, Calaveras or Tuolumne Counties? We want to know about it!! FRN will be collecting information to share with other families who may benefit from your group. Please contact FRN with the group name, primary contact information, meeting details, and anything else you'd like other families to know. We hope to have the list completed by the end of the summer. We are interested in groups that are online or meet in person.



If Plan A doesn't work, don't worry, the alphabet has 25 more letters!





**Family Resource Network**  
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**Information in this issue:**

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- ♥ **San Joaquin TEETH Grant**
- ♥ **Self Determination**
- ♥ **Save the Dates**
- ....and **MORE**

